Module 4
Live session

Handout for participants



THE CASE OF ALEX

Alex is 27 years old. He comes to your office together with his mother. Alex appears shy and says little during the meeting, while his mother does most of the talking. When his mother says that Alex wants a job, Alex confirms this with a nod.

Alex has recently moved into his own apartment and says he likes living independently. At the same time, his mother explains that Alex has started to feel lonely since moving away from home and would like to have more structure and social contact in his daily life. Having a job feels important to him.

Alex has limited work experience. His only previous job was working for his uncle in a small business. This work ended when the uncle had to close the business. According to his mother, this was a difficult transition for Alex, as the work had given him routines and a sense of belonging.

Alex has an autism diagnosis and was diagnosed at the age of five. He functions best when expectations are clear and routines are predictable. He enjoys practical tasks and working with concrete materials. His family, especially his mother, is part of his close support network and wants to support Alex in finding meaningful and sustainable employment.

PART I: Walking the CE process

Each group works through all CE phases, guided by structured prompts.

Phase prompts:

Discovery

- What would you need to learn about this person?
- Where and how would Discovery take place?
- What information is essential before moving forward?

Job Search Planning

- Based on Discovery, what directions emerge?
- What kinds of work environments or contributions make sense?
- How does planning narrow and focus employer engagement?

Job Development & Negotiation

- How would you approach employers?
- What business needs or contributions might be explored?
- Where could negotiation or customization occur?

Post-Employment Support

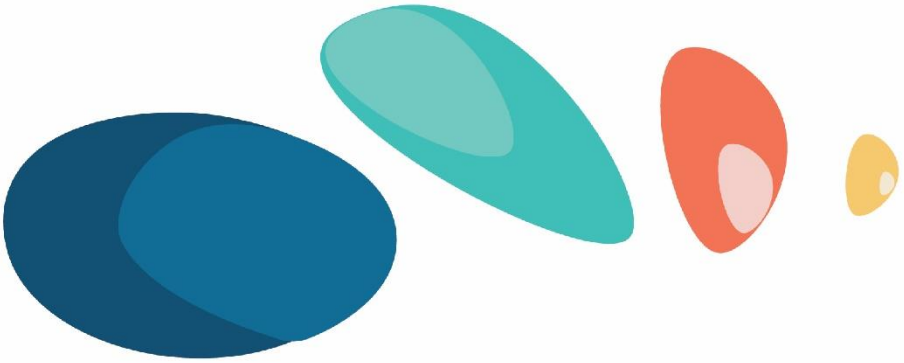
- What support might be needed initially?
- How could support change over time?
- Who is involved in maintaining employment?

PART II: Interdependence check

What if Discovery was rushed or incomplete?

Briefly discuss on these aspects:

- Which later phases are affected?
- What risks emerge?



CeVET

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